

Understanding Guru Granth Sahib The Living Guru

It Is The Same Light
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 Guru Granth Sahib
 Studies on Guru Granth Sahib
 Interfaith Study of Guru Granth Sahib

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RICHARD BENITEZ

It Is The Same Light Oxford University Press

In Volume Four of "It Is The Same Light" series (SGGS pages 601-800), author Daljit Singh Jawa continues to share the beauty of the SGGs with those who have limited familiarity with the language (Gurumukhi), history, or context. The following are some of the comments received on volume 1 of this series. "This translation of Guru Granth Sahib is one of the best English translations in my view, as it is in simple understandable English, each shabad's summary message is given, there is connection between the shabads to reveal continuity of thought process in Guru Ji's message. Thanks to S Daljit Singh ji for the great work which will benefit future generations understand Guru Ji's message easily." -Amarjit Singh, M.D., University at Buffalo, Buffalo, New York "A monumental undertaking, reflecting a lifetime of devotion to the Sri Guru

Granth Sahib and to the scholarly study of its voluminous texts. Both its rendition of the original Gurmukhi script, with accompanying English transliteration, and its erudite commentary on each of the Granth's many hymns mark this work as a stunning achievement which will benefit all serious students of the Sikh religion and of world religions in general." -Barry Crawford, Ph.D., Washburn University, Topeka, Kansas

The Routledge Handbook of Religion and Animal Ethics Bloomsbury Publishing
 Sukhmani (The Pearl of Happiness) is a popular Sikh text by Guru Arjan, which inculcates the Sikh religious ethos and philosophical perspective on wellbeing and happiness. The book features a new translation of this celebrated Sikh text and provides the first in-depth analysis of it. The Sikh View on Happiness begins with an overview of the nature of suffering and the attainment of happiness in Indian religions. This provides the foundation for the examination of the historical, social, and religious context of the Sukhmani and its contribution to the development of the Sikh tradition. In addition to exploring the spiritual teachings of the Sukhmani, Nayar and Sandhu draw upon the Sikh understanding of the mind, illness, and wellbeing to both introduce key Sikh psychological

concepts and illustrate the practical application of traditional healing practices in the contemporary context. In doing so, they highlight the overlap of the teachings in the Sukhmani with concepts and themes found in Western psychotherapy, such as mindfulness, meaningful living, and resilience.

The Ādi-Granth, Or Evans Brothers

This brief explanation of Sri Guru Granth Sahib before you is the author's humble submission to you after a continuous effort of more than twenty years. This is merely a modest attempt to address the need of those readers who want to understand, enjoy, and appreciate what is written in this holy book but, being born and raised outside Punjab, India, are not familiar with the language, culture, history or context in which SGGs was originally composed and written more than 500 years ago. The one message, which is both implicit, and explicit in this holy scripture, and which the author particularly wants to share with the rest of the world is that we have been all created by the same one Creator, and "It is The Same Light" which pervades in us all.

Understanding Sikhism Xlibris Corporation

This book examines three closely related questions in the process of canon formation in the Sikh tradition: how the text of the Adi Granth came into being, the meaning of gurbani, and how the Adi Granth became the Guru Granth Sahib. The censure of scholarly research on the Adi Granth was closely related to the complex political situation of Punjab and brought the whole issue of academic freedom into sharper focus. This book addresses some of these issues from an academic perspective. The Adi Granth, the sacred scripture of the Sikhs, means 'first religious book' (from the word 'adi' which means 'first' and 'granth' which means 'religious book'). Sikhs normally refer to the Adi Granth as the Guru Granth Sahib to indicate a confession of faith in the scripture as Guru. The contents of the Adi Granth are commonly known as bani (utterance) or gurbani (the utterance of the Guru). The transcendental origin (or ontological status) of the hymns of the Adi Granth is termed dhur ki bani (utterance from the beginning). This particular understanding of revelation is based upon the doctrine of the sabad, or divine word, defined by Guru Nanak and the succeeding Gurus. This book also explores the revelation of the bani and its verbal expression, devotional music in the Sikh tradition, the role of the scripture in Sikh ceremonies, and the hymns of Guru Nanak and Guru Arjan.

Sri Guru Granth Sahib Discovered Bloomsbury Publishing

The Seeker's Path (first published in 1959) offers an interpretation of the Japji Sahib which is the preamble to the Guru Granth Sahib, the Sikh scripture. It defines the goal of life as the understanding of God, the Almighty, and describes the ways to achieve that. The book has a Roman transliteration of the thirty-eight hymns of the text followed by a line-by-line explanation in English

The Gurū Granth Sāhib Xlibris Corporation

All renderings attempting to explain the Divine path are quite difficult to comprehend. The Japji Sahib of Guru Nanak Dev Ji, which is such a work, was rendered more than 500 years ago. Languages are not static but dynamic and Punjabi language is no exception to this. This fact has not helped in the matter but has rather made it more complex. The book 'JAPJI Sahib: A Complete Way of Life' attempts to facilitate the understanding of Japji Sahib, the daily Morning Prayer of Sikhs - incorporated at the beginning of 'Shri Guru Granth Sahib' the scripture of Sikhs - which is to be viewed as a single continuous and compact message of Guru Nanak, depicting unity of the directive principles of Sikhism. There is a school of thought, which explains Japji Sahib as expansion of the introductory 'Mool Mantra'. In this context, Japji Sahib is also stated to be the essence of whole Guru Granth Sahib. Conversely, the whole Guru Granth Sahib is said to be the expansion of Japji Sahib. The commentary, in black print, attempts to reflect this oneness of the principles of this most modern & universal religion of the world. Apart from the commentary, this book also contains the translation of Japji Sahib in English. All the available translations of Japji Sahib are narrative in nature and therefore, make it impossible to relate them to each word of the original rendering in Gurmukhi script. This effort has been made with the idea of setting right this imbalance. The translation, in coloured print, is given in as many words as in the original rendering. Owing to the limitation of the difference in the grammar of the two languages, some words have been added, in the translation, to clarify the complete meaning. These additional words are mentioned in brackets. The commentary and the translation have been interspersed in such a manner that they complement each other for better comprehension by the reader. For easier segregated reading, the translation, in blue print, has been aligned right. However, where there is a direct instruction to be followed by human beings, the translation, in bold print, has been coloured red and has been center-aligned. Another aspect that may be mentioned is that Sikhism has certain concepts, which if not unique, are quite special to it. Few such important concepts are 'Guru', 'Baani/Gurbaani', 'Hukam', 'Maaya', 'Man', 'Haumain', 'Naam/Shabad', 'Sat/Sach/Waheguru' and 'Simran'. Understanding these concepts in right perspective would be a pre-requisite for anyone interested in gaining an in-depth familiarization with this religion. These concepts have also been explained in the book. Some of the difficult words / terms (with super-scribed numbering) used in the book have been clarified in detail separately. It can be said that Japji Sahib helps a person in understanding the very purpose of human life. It also explains the specific acts to be performed in life and the manner in which they are to be performed for achieving the laid down objective of human life. There can't be a more true and simple narration of why and how of the human life than the one detailed in Japji Sahib. Sri Guru Nanak Dev Ji's rendering of Japji Sahib is a service to mankind to which it is difficult to find another equal. Guru Nanak's message of Japji Sahib transcends all religions and seeks welfare of all beings. It is a powerful tool provided to the human being for fulfillment of his destiny. However, the option remains with the individual as to

whether he wants to know, understand and pursue the desired path.

Guru Granth Sahib Allied Publishers

Sri Guru Granth Sahib is generally known as the holy scripture of Sikhism, the world's fifth largest religion. But this holy scripture is neither a storybook nor just the philosophy of the Sikh saints or prophets. It is more like a collection of divine revelations and hymns, expressing the feelings of love and devotion of the Sikh Gurus for the Supreme Being, along with the similar yearnings and longings of the devotees and saints from all faiths prevalent in Indian subcontinent during those times. The beauty of this 1430 page hymnal written in 22 different languages lies in the fact that while it spiritually connects the human mind to the original source of eternal bliss, it provides a very practical and effective way to live in love and harmony with other fellow human beings irrespective of their faith, color, caste, creed, or race. The following are a few examples of the views of eminent writers and scholars regarding Sri Guru Granth Sahib: "Mankind's religious future may be obscure, yet one thing can be foreseen. The living higher religions are going to influence each other more than ever before, in the days of increasing communications between all parts of the world and branches of the human race. In this coming religious debate, the Sikh religion and its scriptures, the Sri Guru Granth Sahib will have something of special value to say to the rest of the world." Arnold Toynbee- Historian "I have studied the scripture of great religions, but I do not find elsewhere the same power of appeal to the heart and mind as I find here in these volumes [of Sri Guru Granth Sahib]. There is something strangely modern about these scriptures. They speak to the people of any religion or of none. They speak for the human heart and the searching mind." Mrs. Pearl S. Buck- Nobel Laureate In Volume five of the "It Is The Same Light" series (SGGS pages 801-1000), author Daljit Singh Jawa continues his humble effort to share the beauty of the SGGG with those who have limited familiarity with the language (Gurumukhi), history, or context. The following are some of the comments received on the volume 1 (pages 1-200 of SGGG): "This translation of Guru Granth Sahib is one of the best English translations in my view, as it is in simple understandable English, each shabad's summary message is given, there is connection between the shabads to reveal continuity of thought process in Guru Ji's message. Thanks to S Daljit Singh ji for the great work which will benefit future generations understand Guru Ji's message easily." - Amarjit Singh, M.D., University at Buffalo, Buffalo, NY "A monumental undertaking, reflecting a lifetime of devotion to the Sri Guru Granth Sahib and to the scholarly study of its voluminous texts. Both its rendition of the original Gurmukhi script, with accompanying English transliteration, and its erudite commentary on each of the Granth's many hymns mark this work as a stunning achievement which will benefit all serious students of the Sikh religion and of world religions in general." -Barry Crawford, Ph.D., Washburn Univesity, Topeka, Kansas

Sri Guru Granth Sahib, Vol. 2 New York, Taplinger Publishing Company

Sri Guru Granth Sahib is generally known as the holy scripture of Sikhism, the world's fifth largest religion. But this holy scripture is neither a storybook nor just the philosophy of the Sikh saints or prophets. It is more like a collection of divine revelations and hymns, expressing the feelings of love and devotion of the Sikh Gurus for the Supreme Being, along with the similar yearnings and longings of the devotees and saints from all faiths prevalent in Indian subcontinent during those times. The beauty of this 1430 page hymnal written in 22 different languages lies in the fact that while it spiritually connects the human mind to the original source of eternal bliss, it provides a very practical and effective way to live in love and harmony with other fellow human beings irrespective of their faith, color, caste, creed, or race. The following are a few examples of the views of eminent writers and scholars regarding Sri Guru Granth Sahib: "Mankind's religious future may be obscure, yet one thing can be foreseen. The living higher religions are going to influence each other more than ever before, in the days of increasing communications between all parts of the world and branches of the human race. In this coming religious debate, the Sikh religion and its scriptures, the Sri Guru Granth Sahib will have something of special value to say to the rest of the world." Arnold Toynbee- Historian "I have studied the scripture of great religions, but I do not find elsewhere the same power of appeal to the heart and mind as I find here in these volumes [of Sri Guru Granth Sahib]. There is something strangely modern about these scriptures. They speak to the people of any religion or of none. They speak for the human heart and the searching mind." Mrs. Pearl S. Buck- Nobel Laureate In Volume five of the "It Is The Same Light" series (SGGS pages 801-1000), author Daljit Singh Jawa continues his humble effort to share the beauty of the SGGG with those who have limited familiarity with the language (Gurumukhi), history, or context. The following are some of the comments received on the volume 6 (pages 1001-1200 of SGGG): "This translation of Guru Granth Sahib is one of the best English translations in my view, as it is in simple

understandable English, each shabad's summary message is given, there is connection between the shabads to reveal continuity of thought process in Guru Ji's message. Thanks to S Daljit Singh ji for the great work which will benefit future generations understand Guru Ji's message easily." - Amarjit Singh, M.D., University at Buffalo, Buffalo, NY "A monumental undertaking, reflecting a lifetime of devotion to the Sri Guru Granth Sahib and to the scholarly study of its voluminous texts. Both its rendition of the original Gurmukhi script, with accompanying English transliteration, and its erudite commentary on each of the Granth's many hymns mark this work as a stunning achievement which will benefit all serious students of the Sikh religion and of world religions in general." -Barry Crawford, Ph.D., Washburn Univesity, Topeka, Kansas

Shri Guru Granth Sahib: The Awakener Manohar Publishers

This study delineates the holistic, integrative and cosmopolitan spirit of the Holy Scripture along with its distinct culture of self-transcendence, exploring the transcenmdental foundation of phenomenal existence and recommending the moderate way of living by providing possibilities for human creativity. The present study work analyses the current issues such as religious pluralism, inter-faith dialogue, subaltern revival, gender equality, applied ethics, world peace and ecological concerns etc.

It Is The Same Light Oxford University Press

Excerpts from Siree Guru Granth Sahib God is one. It is true. He is the Creator. He has no concern with anything. He has no enemy. He is immortal. He does not take birth. He came into existence on His own. He is realized by guru's (divine teacher) grace reciting God's name. " Recite"Page 9 Be stable like a mountain, patience like a goldsmith. Be humble like an anvil; repeat the name of God like the repetition of a hammer. Intent like bellows and repeat the name of God from within, as fire gives heat. Make sincerity a pot; mint your mind with the name of God. That is how divinity is achieved. Blessed by God is the only one who can do this. Nanak says, only with God's grace you can miss God and enjoy the fruit. ||38|| Hymn: Using air as a culture, life has been created by the reaction of water and earth. The way, day and night begin and end. Same way the whole creation takes birth and dies. Good or bad whatever they do are accounted for in God's court. Everyone gets the fruit of their deeds, some soon others late. Whoever worked hard to recite the name of God? Nanak says, they have attained salvation and many more have accompanied them.God's worship is not wearing saffron coloured or dirty clothes. O Nanak, God is worshipped sitting at home through true guru's teaching. ||64|| You may wander in all four corners and read four Vedas and all other scriptures in all four ages. O Nanak, if you meet with the true guru, then only God enshrines in the mind and obtains salvation. The guru is God. Worshipping guru the God with devotion attains salvation.First Master: Songs, sounds, pleasures and clever tricks; Joy, love and the power to command; Wearing clothes and food have no place in the consciousness. True intuitive peace comes by enshrining God's name in the mind.Page 60 O mind, love God as the fish loves water. As the water gets deeper she enjoys more; the mind and body become peaceful. It cannot survive without water even for a moment. Water also feels the pain. ||2|| O mind, love the Lord, as the rain bird loves rain. The ponds get filled, the land becomes lush green but the rain bird does not get a drop. You receive what is in your fate. You only get what you earn. ||3|| O mind, love God as the water loves milk. Water mixed with milk changes its colour but does not let the milk change.Page 262 Hymn: Guru is mother, the father, the master and transcendent Lord. Guru is a friend the destroyer of ignorance, a relative and a brother. Guru is the bestowal, the teacher of God's name. Guru's lesson is distinct. Guru is the image of peace truth and intellect. Guru is the touchstone that transforms. Guru is a shrine, pool of nectar. To obtain guru's divine knowledge is beyond imagination. Guru is the Creator, the destroyer of sins; Guru purifies the sinners. Guru exists from the beginning, for a long time, for ages. Reciting God through guru's teaching attains salvation. O God; unite me with the guru by your grace; that I the sinner swim across holding on to guru the true guru the God the transcendent Lord the guru; Nanak prays and pays his regard to guru the God. ||1|| ||56|| Once you obtain divine treasure, do not tell anyone O kabeer; There is no market, no appraiser, no customer, and no price ||23||O Kabeer; take your drum and beat it for ten days. Life is like people meeting on a boat on a river; they shall not meet again. ||80|| Be a pebble stone lying on the road by giving up ego. Such a humble slave shall meet the Lord. ||146|| What good is the pebble; which gives pain to the walking. O Lord, Your servant should be like dirt on the earth. ||147|| What good is the dust, which blows and sticks to the body. God's servant should be such, as water in water. ||148|| What good is water which becomes cold and hot. God's servant should just like God: ||149|| O Kabeer; it is good to serve both; one the saint the other the God. God is the bestowal of liberation; the s

Shri Guru Granth Sahib Xlibris Corporation

Guru Granth Sahib, the holy book of the Sikhs, is considered the living guru. When the tenth master, Guru Gobind Singh declared that after him there will be no human guru, he instructed his followers to seek guidance from the eleventh and eternal guru, the Guru Granth Sahib. Guru Granth Sahib is unique in more ways than one. First of all, the entire voluminous scripture of 1430 pages is composed in poetry and can be sung with full-throated ease. Almost all of it has been set to music based on 31 ragas. It contains verses composed not only by the Gurus but also by Hindu and Muslim bhagats. Understanding Guru Granth Sahib by Satjit Wadva is a beginner's guide to approach and understand Guru Granth Sahib. It gives a glimpse of what it contains and outlines the context of how it came to be revered as the living guru. While it summarises the essence of the Guru Granth Sahib in simple and easy-to-understand language, it highlights the beauty of the poetic diction, the economy of words, the depth of thought and its rendition in the prescribed ragas all this to awaken a thirst in the seekers' hearts so that they approach their guru directly without depending on interpreters or intermediaries. For those who do not know the Gurmukhi script, this book gives a taste of Gurbani through the transliteration and translation of three major compositions: Japuji, with which the Guru Granth Sahib begins, Asa-di-Var, which is sung in the prescribed raga and tune in the early hours of dawn, and Salok Mahalla Naunva, with which the Guru Granth Sahib concludes. It is a humble attempt to establish a link between the disciple and the master.

The Bhagats of the Guru Granth Sahib Orient Blackswan

Sikhism is often the religion that teachers have the least confidence in teaching, despite being the fifth largest religion in the world, and being commonly regarded as one of the six main religions to be taught in schools. This book fills that gap in knowledge and expertise by exploring the beliefs and practices of Sikhism as a lived religion in the modern world. It engages with Sikh beliefs and practices, and provides students and teachers with the confidence to address misconceptions and recognise the importance of beliefs in the lives of believers, in a way that will enable readers to go forward with confidence. Aspects of Sikhism explored include the concepts that form the central beliefs of Sikhism, and the expression of these beliefs in worship and daily life, and the ethics of Sikhs in the modern day. Each chapter includes authentic voices of believers today and provides opportunities for the reader to consider the concepts and how they can be respected and taught in the classroom.

A Conceptual Encyclopaedia of Guru Granth Sahib Routledge

Sri Guru Granth Sahib plays a very important part in the life of the Sikh Community. It is read regularly in Gurdwaras and occasionally in homes on happy or sad occasions. The reading of the whole Granth is called Akhand-paath (non stop recitation or reading). Selections for morning and evening prayers are taken from the Granth and read daily by Sikhs. The whole life of a Sikh revolves around this book. Despite being such an important book for the whole Sikh Community it is also true that the Granth is a closed book for many Sikhs born outside India, as well as for the majority of other people both Asians and Westerners, who simply cannot read the original Gurmukhi script of the Granth or understand its meaning.

Sikhism: A Very Short Introduction Xlibris Corporation

The author picked up some key dialogues from The Guru Granth Sahib, The Sikh Holy Scripture. He then compared these teachings with the theme "Mool Mantar" of the Sikh Holy Scripture to convey spiritual meanings. This book rises above the traditional religious rituals. This book highlights the path adopted by saints to conquer three virtues of worldly wealth to become worthy of His consideration. No one can fully describe the true purpose and meanings of any word written in this Holy Scripture. Only, The Omniscient Creator fully knows His creation. All universes are expansion of His Holy Spirit and He remains embedded in each and every creature, nature and events. Guru Aurjan Dev Ji, 5th guru had compiled the life experience of 25 Prophets from various religions and time periods. The book is the steek in Punjabi and English of Page (151 - 346) of Guru Granth Sahib out of total pages 1430 - Volume 2. The purpose of steek of Guru Granth Sahib in Punjabi and English combined in one book is to guide new generation who may not be able to read Punjabi; may be enlightened with path, blessed souls adopted to be sanctified and to be on the right path of salvation, acceptance in His Court.

It is the same light Hemkunt Press

This book presents interpretation of Jap-u, reverently called Japji Sahib, the first composition in Sri Guru Granth Sahib. It is in two parts, the first containing short essays on the main themes and the second stanza-wise interpretation with original Punjabi and English transliteration. The book brings out the principles of a spirituality based practical life. It brings out need for ethical living with faith in God.

Guru Granth Sahib- Its Language and Grammar Motilal Banarsidass Publ.

The ethical treatment of non-human animals is an increasingly significant issue, directly affecting how people share the planet with other creatures and visualize themselves within the natural world. The Routledge Handbook of Religion and Animal Ethics is a key reference source in this area, looking specifically at the role religion plays in the formation of ethics around these concerns. Featuring thirty-five chapters by a team of international contributors, the handbook is divided into two parts. The first gives an overview of fifteen of the major world religions' attitudes towards animal ethics and protection. The second features five sections addressing the following topics: Human Interaction with Animals Killing and Exploitation Religious and Secular Law Evil and Theodicy Souls and Afterlife This handbook demonstrates that religious traditions, despite often being anthropocentric, do have much to offer to those seeking a framework for a more enlightened relationship between humans and non-human animals. As such, The Routledge Handbook of Religion and Animal Ethics is essential reading for students and researchers in religious studies, theology, and animal ethics as well as those studying the philosophy of religion and ethics more generally.

The Seeker'S Path: Being An Interpretation Of Guru Nanak'S Japji CreateSpace

Contributed articles.

Guru Granth Sahib - An Advance Study Volume-I Oxford University Press

The purpose of this book is to introduce the reader to the Sikh philosophy and its core values & beliefs, as enshrined in Shri Guru Granth Sahib - the eternal Sikh Guru. It highlights the recurring themes and lessons contained in the Holy Scripture. The book emphasizes that Granth Sahib is not for Sikhs alone, but has universal appeal. It enjoins upon anyone and everyone to live a life full of purpose. It also shows, how the authors of the Holy Book were well ahead of their times in matters of spirituality, psychology, philosophy, cosmology and human rights. It is a spiritual guide for those who wish to tread that path.

Sikhism and Spirituality Xlibris Corporation

This beautifully produced series provides a perfect introduction to the world's six main faiths through their sacred texts, showing how they were compiled and/or written, and how people have used them as a guide through their lives.

The Guru Granth Sahib (Volume - 4) Xlibris Corporation

Papers presented at the Third International Conference on Guru Granth Sahib : Interfaith Understanding to World Peace, held at Amritsar during 3-5 December 2003.