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# Sex Sexuality And The Autism Spectrum

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Love, Sex and Long-term Relationships  
 Sexuality and Severe Autism  
 Girls Growing Up on the Autism Spectrum  
 What's Happening to Ellie?  
 Sexuality and Relationship Education for Children and Adolescents with Autism Spectrum Disorders  
 Autism-Asperger's & Sexuality  
 The Autistic Trans Guide to Life  
 Making Sense of Sex  
 Gender Identity, Sexuality and Autism  
 Tom Needs to Go  
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 Masturbation, Autism and Learning Disabilities  
 Relationship Building and Sexual Awareness for Kids with Autism  
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 Intimate Relationships and Sexual Health  
 The Book of Happy, Positive, and Confident Sex for Adults on the Autism Spectrum...and Beyond!  
 Taking Care of Myself  
 Queerly Autistic

Sex Sexuality And The Autism Spectrum

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## DARION JACOBS

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*Love, Sex and Long-term Relationships* Jessica Kingsley Publishers

How do adolescents with Asperger's Syndrome (AS) cope with sexual feelings and behaviour, and how do people with AS deal with intimacy and communication in sexual relationships? This guide provides practical advice on such issues as puberty, couples' therapy, and maintaining sexual boundaries.

*Sexuality and Severe Autism* Simon and Schuster

*Autism and Asperger Syndrome* reviews what is known about adults with autism in terms of their social functioning, educational and occupational status. Focusing mainly on the problems experienced by high functioning people with autism - and those working with and caring for them - the book offers practical ways of dealing with their difficulties. Each chapter makes use of clinical case material to illustrate the kinds of problems faced and ways in which they may be overcome. First-

hand accounts from people with autism are included and links with psychiatric illness in later life are explored. This updated edition is helpful to both professionals and families with autistic children and has been completely updated to take account of the latest research in the field. It also includes an additional chapter on the differences between autism and Asperger syndrome.

*Girls Growing Up on the Autism Spectrum* Jessica Kingsley Publishers

*Beyond Gender Binaries* uses a feminist, intersectional, and invitational approach to understanding identities and how they relate to communication. Taking readers outside the familiar binary constructions of gender and identity, Cindy L. Griffin addresses—through a feminist intersectional lens—communication, identity, power and privilege, personhood and citizenship, safety in public and private spaces, and hegemony and colonialism. Twelve chapters focus on critical learning through careful exploration of key terms and concepts. Griffin illustrates these with historical and contemporary examples and provides concrete guides to intersectional approaches to communication. This textbook highlights not just the ways individuals, systems, structures, and institutions use

communication to privilege particular identities discursively and materially, but also the myriad ways that communication can be used to disrupt privilege and respectfully acknowledge the nonbinary and intersectional nature of every person's identity. Key features include: Intersectional approaches to explaining and understanding identities and communication are the foundation of each chapter and inform the presentation of information throughout the book. Contemporary and historical examples are included in every chapter, highlighting the intersectional nature of identity and the role of communication in our interactions with other people. Complex and challenging ideas are presented in clear, respectful, and accessible ways throughout the book.

**What's Happening to Ellie?** Future Horizons Incorporated  
Ellie notices that her body is changing. Hair is growing in new places and there are other changes happening too. Ellie's mum helps her understand that she has started growing into a woman. Following Ellie as she begins to notice changes to her body, this simple resource helps parents and carers teach girls with autism and related conditions about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as periods. This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with girls and young women with autism or related conditions.

Sexuality and Relationship Education for Children and Adolescents with Autism Spectrum Disorders St. Martin's Griffin  
Intimate self-touch and masturbation can pose many difficulties for people with learning disabilities and/or on the autistic spectrum, particularly when it happens in public settings. This frank and thorough guide looks at societal, cultural and religious views of masturbation, how teens develop into sexual beings, the right to be sexual, how to masturbate, appropriate public and private behaviour, professional responsibilities and boundaries, and legal aspects of this topic. It also contains good practice responses providing examples of the issues and solutions in action.

Autism-Asperger's & Sexuality Jessica Kingsley Publishers  
When Tom is out shopping, he needs to go to the toilet. Tom knows that public toilets are different to his toilet at home. There are urinals and cubicles and he has to decide which to use. This visual resource helps parents and carers teach boys and young men with autism or other special needs about how to use public toilets safely. It covers the subtleties of social etiquette including where to stand and look, as well as practicalities such as remembering to lock the cubicle door. With simple and effective illustrations throughout, the book is the perfect starting point for teaching independence when using public toilets.

The Autistic Trans Guide to Life Jessica Kingsley Publishers  
A complete curriculum for teaching about sexual health and intimate relationships, taking into consideration the learning preferences, sensitivity, social and other issues characteristic of individuals with autism spectrum disorders.

**Making Sense of Sex** Jessica Kingsley Publishers  
Written by an 'insider', an openly gay autistic adult, Wendy draws upon her own experience to examine the implications of being autistic on relationships, sex and sexuality. Discussing subjects such as basic sex education and autism, she then explores interpersonal relationships, same sex attraction, bisexuality and transgender issues.

Gender Identity, Sexuality and Autism AAPC Publishing  
Increasing numbers of people with autism and other developmental disabilities are being convicted of sex offences, resulting in draconian and public punishment. Yet even when evidence shows that people with these conditions often pose little threat to society, or lack a core understanding as to why their

actions break the law, the "sex offender legal regime" doesn't allow any room to take the disability into account. This groundbreaking book offers a multi-disciplinary examination of how unjust sex offense laws trap vulnerable groups such as those with developmental disabilities. Drawing on research, empirical evidence and including case studies, experts from the fields of law, ethics, psychology and sociology explore what steps should be taken in order to ensure that laws are just and take into consideration factors such as the vulnerability of the perpetrators. Investigating the consequences caused by public hysteria over sex offenses, this book highlights the judicial failure to protect defendants with developmental disabilities in the context of the unjust and hyper-punishment of all those charged with sex offenses. Proposing a new way forward based on research and evidence-based sentencing for sex offenses, and elimination of the sex offender registry, this book offers an informed and compassionate view that is essential for all professionals working in this field.

Tom Needs to Go Canadian Scholars' Press

This carefully written and illustrated book provides an explanation of sex for people with autism and special education needs and disabilities (SEND). It helps readers to understand the physical processes as well as important issues such as consent and sexual safety, helping them to develop positive relationships. Many people with autism and SEND have or will have intimate relationships. Often sex is alluded to, rather than being carefully explored. This can create confusion around consent, sexual health, and pregnancy, and cause people to turn to dubious online information. This book frankly explains sex so that the reader has a clear understanding of what constitutes sex, knowledge of the proper names for sexual organs and sexual activities, and is aware of the potential physical consequences of having sex.

**Things Ellie Likes** Jessica Kingsley Publishers

Sexual health and sexuality can be difficult subjects for parents and caregivers to broach with autistic children, made more challenging when children are at the severe end of the autism spectrum. Some parents may even question the validity of teaching sexuality to those who are severely autistic. This practical handbook guides you through the process of teaching about sex and sexuality, answering all of the most crucial questions, including: Why is it necessary to teach this subject to my severely autistic child? When is the right time to start talking about these issues? How detailed and explicit should I be? What methods are most appropriate? It addresses male and female issues separately and covers public and private sexual behaviours, sexual abuse, cross-gender teaching and liaising with school, in addition to the more obvious areas such as physical changes and menstruation. This will be the ideal guide to teaching about sexual issues for any parent, caregiver or health educator caring for a person on the severe end of the autism spectrum.

**Caught in the Web of the Criminal Justice System** Jessica Kingsley Publishers

In this empowering and honest guide for LGBTQIA+ autistic teens, Erin Ekins gives you all the tools you need to figure out and explore your gender identity and sexuality. From coming out to friends and family, staying safe in relationships and practicing safe sex, through to self-care and coping with bullying, being out and about in the LGBTQIA+ community and undergoing gender transition, this book is filled with essential information, advice, support and resources to help you on your journey, and also works as a primer on all things LGBTQIA+ for non-autistic teens who are just figuring it all out. Written by an inspirational autistic queer woman, this is a must-read for every autistic teen wanting

to live their very best queer life.

*The Book of Happy* Jessica Kingsley Publishers

The Growing Up Book for Boys explains the facts behind the growth spurts, body changes and mood swings of adolescence for boys aged 9-14 on the autism spectrum. The pre-teen and teenage years are a confusing time when bodies start acting with a will of their own, friendships change and crushes start to develop. Using direct literal language and cool colour illustrations, this book tells boys all they need to know about growing hair in new places, shaving, wet dreams and unexpected erections. It's full of great advice on what makes a real friend, how to keep spots away, and how to stay safe online. Most importantly, it explains that every body is amazing and unique and encourages young boys with autism to celebrate difference!

**What's Happening to Tom?** Jessica Kingsley Publishers

Based on Nick Dubin's own experience, and drawing on the extensive knowledge of Dr Tony Attwood and Dr Isabelle Hénault, this important book addresses the issues surrounding the autism spectrum, sexuality and the law. The complex world of sex and appropriate sexual behaviour can be extremely challenging for people with autism spectrum disorder (ASD) and, without guidance, many find themselves in vulnerable situations. This book examines how the ASD profile typically affects sexuality and how sexual development differs between the general population and those with ASD. It explains the legalities of sexual behaviour, how laws differ from country to country, and the possibility for adjustment of existing laws as they are applied to the ASD population. With advice on how to help people with autism spectrum disorder gain a better understanding of sexuality and a comprehensive list of resources, the book highlights the need for a more informed societal approach to the psychosexual development of people with ASD. A ground-breaking and honest account, this book will be an invaluable addition to the shelves of parents of children with ASD, mental health and legal professionals, teachers, carers and other professionals working with individuals on the spectrum.

*Delusions of Gender* Future Horizons

Puberty, personal hygiene and sex can be difficult topics to broach with your child, especially when they have an intellectual disability or autism. The authors of this guide provide honest answers to challenging questions and provide solutions to the dilemmas that many parents face on a daily basis. Structured around issues related to puberty and emerging sexuality in children with disabilities or autism, such as physical changes, mood swings and sexual behaviour, the book presents case studies alongside practical guidance on how to overcome problems that commonly arise. The book also explains laws relevant to disability and sexuality and suggests appropriate sex education programmes to meet the needs of differing degrees of disability.

**The Growing Up Book for Boys** CRC Press

This book is designed to address the health and safety needs of students aged five and up with autism spectrum disorders.

*Masturbation, Autism and Learning Disabilities* Jessica Kingsley Publishers

This essential manual helps educators comfortably and knowledgeably bring comprehensive sex education to the special education classroom. Drawing on firsthand experience and real-world examples, the first half provides background material—including common roadblocks—and tools for how to

effectively partner with parents. The second half breaks down the how-tos of implementing a successful sex education program and troubleshoots tricky situations that might come up in the special education classroom. Written in accessible, person-first language, this guide equips you with best practices for providing students with developmental disabilities with the knowledge and tools to engage in healthy relationships and live full lives as self-advocating sexual beings.

*Relationship Building and Sexual Awareness for Kids with Autism* Jessica Kingsley Publishers

Tom notices that his body is changing. Tom's voice is different and hair is growing in new places. There are other changes happening too. Tom learns that he has started growing into a man. Following Tom as he begins to notice changes to his body, this simple resource helps parents and carers teach boys with autism or other special needs about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as wet dreams. This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with boys and young men with autism or special needs.

*Sex and the Single Aspie* Future Horizons

200+ fun activities, joyful quotes, relaxation techniques, and more to feel happy right now! Find your happiness today! There is perhaps no goal more sought after than happiness: everyone wants to live their life in comfort and peace, and pursue the things that bring them joy. But that's usually easier said than done! Even the most cheerful person can use a little pick-me-up sometimes. While finding contentment in today's chaotic world can be a struggle, *The Book of Happy* gives you what you need to find bliss, no matter the situation. The book includes over 200 entries to help you to be happy right now, from daily rituals, inspirational quotes, relaxation techniques, happiness hacks and more. With fun suggestions as varied as creating a vision board, to prioritizing yourself, to eating chocolate, you'll find something to make you smile in *The Book of Happy*, no matter what has you down!

**Sex, Sexuality and the Autism Spectrum** Jessica Kingsley Publishers

Bringing together a collection of narratives from those who are on the autism spectrum whilst also identifying as lesbian, gay, bisexual, transgender, queer, intersex and/or asexual (LGBTQIA), this book explores the intersection of the two spectrums as well as the diverse experiences that come with it. By providing knowledge and advice based on in-depth research and personal accounts, the narratives will be immensely valuable to teenagers, adults, partners and families. The authors round these stories with a discussion of themes across narratives, and implications for the issues discussed. In the final chapter, the authors reflect on commonly asked questions from a clinical perspective, bringing in relevant research, as well as sharing best-practice tips and considerations that may be helpful for LGBTQIA and ASD teenagers and adults. These may also be used by family members and clinicians when counselling teenagers and adults on the dual spectrum. With each chapter structured around LGBTQIA and autism spectrum identities, *Gender Identity, Sexuality and Autism* highlights the fluidity of gender identity, sexual orientation and neurodiversity and provides a space for people to share their individual experiences.